Accuhalers

Accuhalers are a type of device which contain asthma medication as a powder. Most children at age 8 years of age can use an accuhaler.

How to use a Accuhaler

1. Hold the accuhaler with one hand and place thumb of other on the thumb grip. Open the accuhaler by pushing the thumb grip around until it clicks.

2. Slide the lever down until it clicks. The medicine is now loaded.

3. Place mouth over the mouth piece and breath in deeply and steadily through the mouth.

4. If another dose is required repeat steps 1 to 3.

6. When finished, close the accuhaler by placing thumb in the thumb grip and sliding it back around until the cover clicks back into place.
How can I tell when the Accuhaler is empty?

There are 60 doses of medication in the accuhaler. A dose counter on the side of the accuhaler will tell you how many doses you have left. The last 5 will show up red.

How to look after an Accuhaler

- Avoid breathing into the accuhaler.
- Avoid getting your accuhaler wet - keep it in a dry place.
- Keep it closed when not being used.